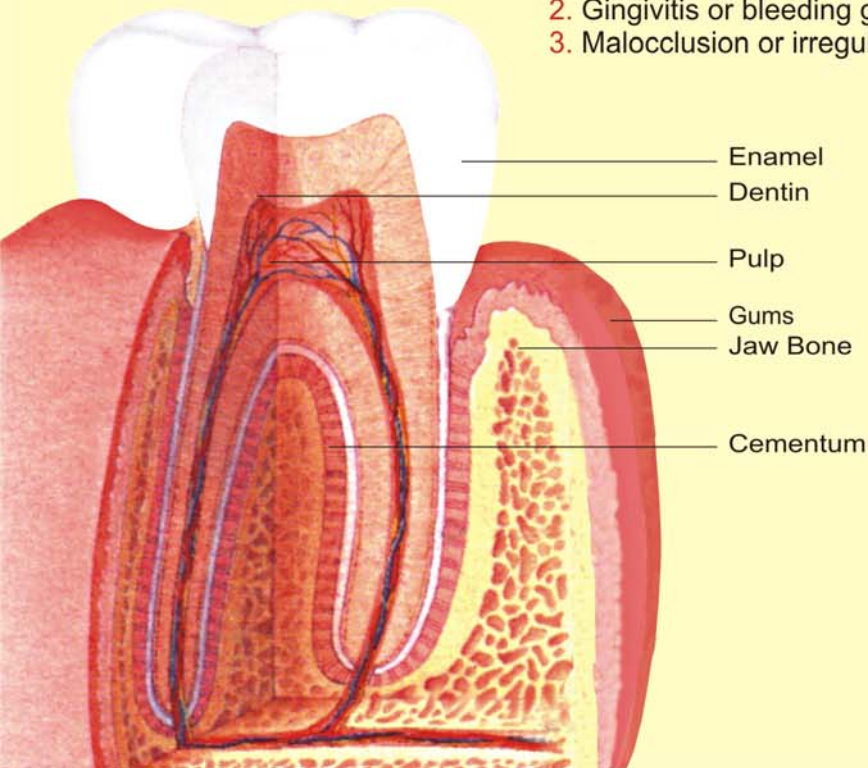


Dear parent,

You'll be surprised to know that approx.60% of school going children are suffering from various oro-dental diseases. These problems remain unnoticed and progress to the extent of causing severe pain and may require extraction due to inadequate knowledge and negligence. The treatment of these problems is very expensive and time-consuming whereas, prevention of these diseases is very easy. It's primarily our responsibility to keep a check on our children's oro-dental health and inculcate good oral hygiene habits in them. The major problems due to various oro-dental problems are: lack of concentration in studies, loss of school hours and disinterest in playing with the peer group. A small effort on your part can help the children enjoy a healthy and smiling childhood.

There are three oro-dental diseases which are commonly found in school going children:

1. Dental Caries
2. Gingivitis or bleeding gums
3. Malocclusion or irregular teeth



In addition to the above mentioned diseases, oral pre-cancerous conditions are also been reported in adolescents, who are smoking, using tobacco and chewing pan-masala .

Dental caries

Dental decay is found in about 60% of the schoolchildren. It starts with a black or brown spot on the tooth surface which progresses to form a hole or cavity. In the later stages, the child can also complain of sensitivity in teeth to hot and cold food, occasional pain in teeth and swelling with abscess formation. Sometimes this abscess formation can also be a cause of fever in the children. Apart from this, the food particles may get stuck in the cavity and can cause bad breath.



Dental Caries in front teeth



Dental Caries in molar teeth

Gingivitis or bleeding gums

The first sign of gum problems is bleeding while brushing. This condition is normally painless but on negligence, this may progress to gum swelling, loosening of teeth and bad breath.



Gingivitis