

STUDENT'S HEALTH CARD

Trained teachers can identify health related problems in students by doing an initial examination using the format provided below. The format is not comprehensive and will not provide a medical diagnosis. It will however help the teacher to recognize children with problems who should be referred to a health facility.

STUDENT'S PARTICULARS

Name: _____

Class: _____

Age: _____

Gender: _____

Address: _____

Phone No: _____

Blood Group: _____

Allergy (if any): _____

Date of Examination: _____

Vaccination status: _____

INTERVIEW:

Ask the student if:

1. He/she has a problem viewing the blackboard from the last desk in the classroom. Yes / No
2. He/she has a problem hearing the teacher in class. Yes / No
3. He/she has any complaint of fever, diarrhoea, cough, or pain in any part of the body (headache, toothache, earache etc). Yes / No
4. He/she has noticed worms in the stool. Yes / No
5. He/she is currently on any medication Yes / No
6. He/she has had a health problem in the past. Yes / No

After asking these questions, teacher can conduct a general examination.

GENERAL EXAMINATION:

Walk: normal / difficulty in walking

Overall appearance: tidy / untidy

Expression: Smiling or sad expression

Height: _____

Weight: _____

Nails: clipped and clean / not clean

Skin (especially between the fingers for any rash or boils): Yes / No

Hair: Healthy / Unhealthy

Eyes (watering, redness, squint):

Yes/ No

Ear (any discharge):

Yes/ No

Nose (any discharge):

Yes/ No

Mouth (bad breath):

Yes/ No

Teeth (colour, any stains, broken or missing teeth)

Yes/ No

Important findings and remarks:

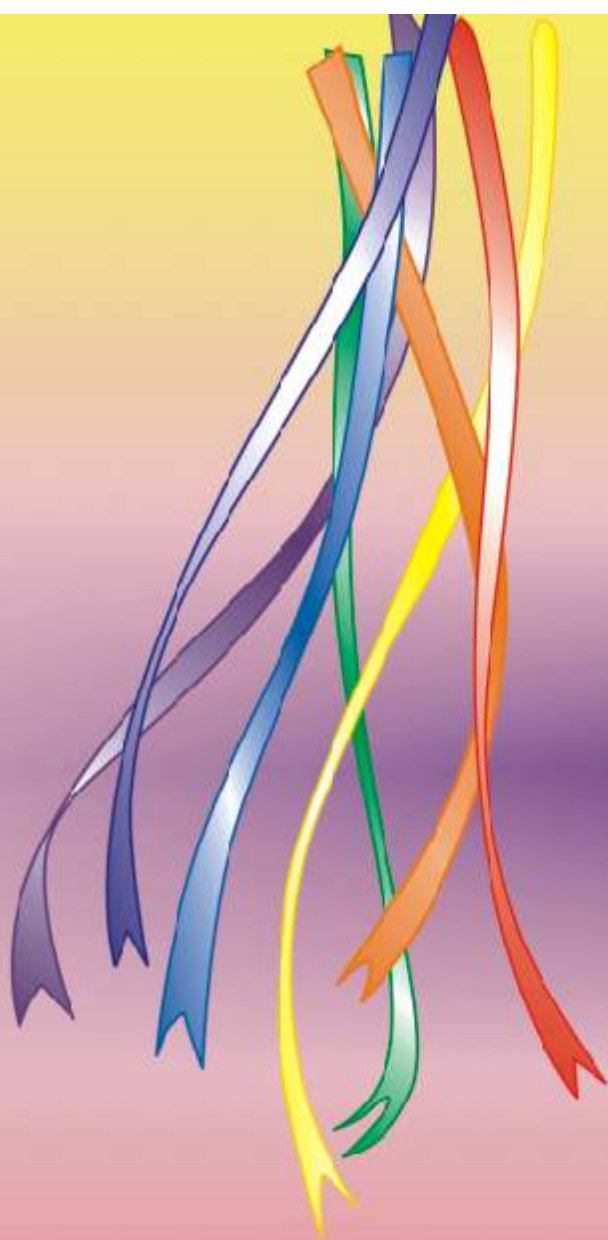
Advice:


Teacher's name and signature

Follow up:

Inference and action to be taken:

After completing the examination using the format, any apparent problem in a student should be communicated to parents and referred to a doctor or health facility.





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