

Module 4

Submodule 1: Targeted VCT intervention: Injecting drug users (IDUs)

Time allotted: 1 hour 30 minutes

TRAINING MATERIALS

- Handout (HO)
- PowerPoint (PPT) presentation
- Question box

CONTENTS

- Introduction
- Social and ethical issues in the provision of VCT care and treatment to IDUs
- Role of VCT and prevention counselling
- Evidence for the effectiveness of VCT for IDUs
- Considerations and challenges in the testing of IDUs

SESSION INSTRUCTIONS

1. Discuss with the group their understanding of and experience with IDUs.
2. Lecture using the PPT presentation.
3. Summarize the key points of the session.
4. Ask the group if they have any questions and remind them of the question box.

Module 4

Submodule 2: Targeted VCT intervention: Sex workers

Time allotted: 1 hour 30 minutes

TRAINING MATERIALS

- HO
- PPT presentation
- Question box

CONTENTS

- Who are sex workers?
- A profile of commercial sex work in India
- Sex workers and the risk of HIV infection
- Vulnerability of HIV infection
- Service delivery settings
- Programmatic responses
- Prevention counselling
- Counselling HIV-positive sex workers
- Sex workers and psychological morbidity
- Key issues in service provisions

SESSION INSTRUCTIONS

1. Discuss with the group their understanding of and experience with sex workers.
2. Lecture using the PPT presentation.
3. Summarize the key points of the session.
4. Ask the group if they have any questions and remind them of the question box.

Module 4

Submodule 3: Targeted VCT intervention: Youth and children

Time allotted: 2 hours

TRAINING MATERIALS

- HO
- PPT presentation
- Question box

CONTENTS

- Why target young people
- Service issues for young people
- Psychosocial issues for young people
- Children infected by and affected by HIV
- HIV testing for children
- Communicating with children
- Issues for counsellors
- The counselling process

SESSION INSTRUCTIONS

1. Discuss with the group their understanding of issues relating to counselling youth and children for HIV.
2. Lecture using the PPT presentation.
3. Accept question from the trainees.
4. Summarize the key points of the session.
5. Ask the group if they have any questions and remind them of the question box.

Module 4

Submodule 4: Targeted VCT intervention: Men who have sex with men (MSM)

ROLE-PLAY

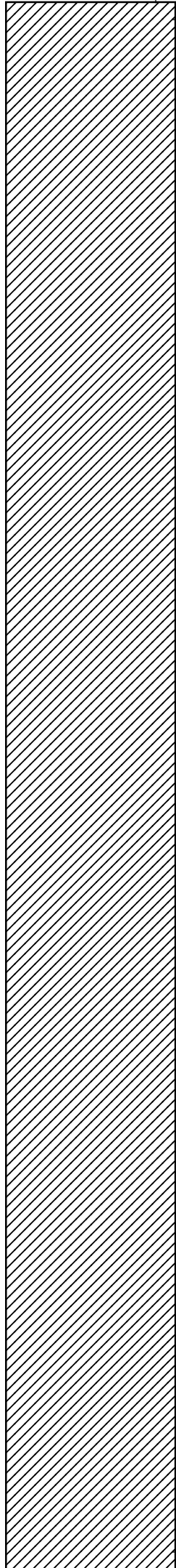
Divide the group into triads and work as per the guidelines for the role-play provided in the Introduction to this Manual.

CASE STUDY 1

Sameer, a 23-year-old boy is brought to the clinic by an outreach worker. He has studied up to the sixth standard. He came to the city in search of work and lives in a slum close by. He reports that he has family in the village, however, they have disowned him due to his sexual orientation.

CASE STUDY 2

Rajeev is a 27-year-old man working in a private company. He is highly educated and holds a good post at work. His family is not aware of his sexual orientation. His family would like him to get married. As Nikhil has had multiple partners, he visits the VCT for testing.



Module 4

Submodule 4: Targeted VCT intervention: Men who have sex with men (MSM)

Time allotted: 1 hour

TRAINING MATERIALS

- HO
- PPT presentation
- Activity sheet
- Question box

CONTENTS

- Definition
- Categories of MSM
- The Humsafar MSM circle
- Risk of HIV/AIDS among MSM
- Theories of sexual orientation
- Sexually transmitted infections
- Why VCT for MSM?
- Constraints to programmes for MSM
- Strategies to access MSM
- VCT services for MSM

SESSION INSTRUCTIONS

1. Discuss with the group their understanding and experience of working with MSM.
2. Lecture using the PPT presentation.
3. Conduct Activity 1: Role-play.
4. Summarize the key points of the session.
5. Ask the group if they have any questions and remind them of the question box.

Module 4

Submodule 5: Targeted VCT intervention: Mobile populations

INSTRUCTIONS

Activity 1

Case study 1

Discuss the following with the trainees

- The client's risk behaviour
- The client's understanding and acceptance of risk behaviour
- The client's vulnerability to HIV/AIDS and other STIs
- Indicators of increased risk
- Risk-reduction strategies

Case study 2

Discuss with trainees

—The components of your counselling session in terms of testing, dealing with the HIV status of the woman and her children, support systems, and referral network.



ACTIVITY 1

Case study 1

A 23-year-old male labourer, married, with a child, migrates from a village to Mumbai for work for a period of four to five months. He reports that peer pressure and adjustment to the metropolitan lifestyle makes him join his friend for a drink at a bar near a red-light area. When urged on by his friends, he had relations with a commercial sex worker. He comes to the VCTC with complaints of genital warts.

Case study 2

Vimala, a 25-years-old female, widowed 2 months back, was referred by her GP following her husband's death due to AIDS. She has two children, 1 and 3 years of age. She still seems numb, and in shock and emotional turmoil.

Module 4

Submodule 5: Targeted VCT intervention: Mobile populations

Time allotted: 1 hour

TRAINING MATERIALS

- HO
- PPT presentation
- Activity sheet
- Question box

CONTENTS

- Introduction
- Vulnerability to HIV infection
- Programmatic responses
- Intervention at various stages of migration
- Issues in service provision for migrants and mobile populations
- Mandatory testing and human rights
- Follow-up with migrant workers

SESSION INSTRUCTIONS

1. Discuss with the group their knowledge, understanding and experience in dealing with mobile populations.
2. Lecture using the PPT presentation.
3. Conduct Activity 1: Role-play.
4. Summarize the key points of the session.
5. Ask the group if they have any questions and remind them of the question box.

Activity Sheet

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Submodule 6: Targeted VCT intervention: Prisoners

INSTRUCTION

Activity: VCT in prisons

1. Divide the trainees into three groups
2. Give each group three questions as given below.
3. Have the groups discuss and develop a plan as asked
4. Have each group select one trainee from among themselves as a representative who will share the group's discussion with all the trainees
5. Provide sufficient time for discussion
6. Ask the group representative to present the group's discussion to the larger group.



ACTIVITY: VCT IN PRISONS

Group 1

- Ask the trainees to design a flowchart of potential counselling, prevention and referral activities for prisons. While doing so, they should consider the following:
- How could a prisoner access VCT in a confidential manner?
- How could results be provided to prisoners (including calling up a prisoner to deliver results)?

Group 2

- Who would have access to medical records? How can security be ensured?
- What are the different ways to carry out HIV awareness and prevention activities?
- How could you organize medical attention for a prisoner with a serious HIV-related condition?

Group 3

- How could you manage pre-release VCT and prevention education?
- How might you manage issues relating to a prisoner diagnosed as HIV-positive?
- How can you help prisoners to disclose their HIV status to a spouse or a regular sexual partner?

Module 4

Submodule 6: Targeted VCT intervention: Prisoners

Time allotted: 1 hour

TRAINING MATERIALS

- HO
- PPT presentation
- Activity sheet
- Question box

CONTENTS

- Introduction
- Prisoners and mental health
- Rates of HIV infection among prisoners
- HIV transmission in prisons and detention centres
- Key strategies for HIV/AIDs care and prevention

SESSION INSTRUCTIONS

1. Lecture using the PPT presentation. During the presentation, ask the trainees questions to keep them actively involved in the presentation.
2. Conduct Activity 1: VCT in prison.
3. Ask the trainees to design a flowchart of potential counselling, prevention and referral activities for prisoners.
4. Summarize the key points of the session.
5. Ask the group if they have any questions and remind them of the question box.

