

## Module 3

### **Submodule 1:** Role of PPTCT in HIV prevention, care and support

**Time allotted:** 1 hour

#### **TRAINING MATERIALS**

- Handout (HO)
- PowerPoint (PPT) presentation
- Question box

#### **CONTENTS**

- Epidemiology of mother-to-child HIV transmission
- Advantages of voluntary counselling and testing (VCT) for prospective parents
- The PPTCT programme in India
- Modes of HIV transmission from the mother to the child
- Integration of VCT into the existing maternal and child health system

#### **SESSION INSTRUCTIONS**

1. Discuss with the group their understanding of the topic.
2. Lecture using the PPT presentation.
3. Summarize the key points of the session.
4. Ask the group if they have any questions and remind them of the question box.



## Module 3

### **Submodule 2: Counselling for the prevention of parent-to-child transmission of HIV**

**Time allotted:** 1 hour 30 minutes

#### **TRAINING MATERIALS**

- HO
- PPT presentation
- Activity sheet
- Question box

#### **CONTENTS**

- Principal concepts and role of a counsellor in PPTCT
- Psychosocial consequences of HIV infection among women
- Emotional reaction of HIV-infected women
- Skills needed to provide effective counselling
- Partner disclosure-related violence
- Other counselling issues

#### **SESSION INSTRUCTIONS**

1. Discuss with the group their understanding of counselling at the PPTCT.
2. Lecture using the PPT presentation.
3. Summarize the key points of the session.
4. Ask the group if they have any questions and remind them of the question box.



## Module 3

### **Submodule 3:** Case management in the prevention of parent-to-child transmission of HIV

**Time allotted:** 1 hour

#### **TRAINING MATERIALS**

- HO
- PPT presentation
- Question box

#### **CONTENTS**

- Effects of HIV on pregnancy
- Measures to reduce transmission of HIV
- Women first diagnosed with HIV infection during pregnancy
- HIV-infected women who become pregnant
- PPTCT in HIV-infected
- Short-course ARV prophylaxis and treatment postpartum
- Adherence to therapy during pregnancy and postpartum
- Immediate postpartum care of women with unknown HIV status and HIV-infected women

#### **SESSION INSTRUCTIONS**

1. Discuss with the group their understanding of the topic.
2. Lecture using the PPT presentation
3. Summarize the key points of the session
4. Ask the group if they have any questions and remind them of the question box.



## Module 3

### Submodule 4: Infant feeding in the context of HIV infection

**Time allotted:** 1 hours 15 minutes

#### **TRAINING MATERIALS**

- HO
- PPT presentation
- Question box

#### **CONTENTS**

- Basic facts about malnutrition, infant feeding and child survival
- Global recommendations for infant and young child feeding
- Feeding options
- Counselling and support for infant-feeding
- Complementary feeding after six months

#### **SESSION INSTRUCTIONS**

1. Discuss with the group their understanding of infant feeding.
2. Lecture using the PPT presentation.
3. Summarize the key points of the session.
4. Ask the group if they have any questions and remind them of the question box.

